

2016-2017 Community Report

It Shouldn't Hurt To Be A Child!



CHILD ABUSE
PREVENTION
COUNCIL *of*
CONTRA COSTA COUNTY



Letter from our Executive Director

Dear friends,

Thank you so much for the support you have shown this year and in years past. **The Child Abuse Prevention Council of Contra Costa County (CAPC)** is committed to reducing child abuse and neglect as well as helping families navigate the many pitfalls and obstacles on their parenting paths. Our programs and services break the cycle of family violence and replace it with positive parenting skills.

2016/2017 was a busy year for CAPC. With support from the State Office of Child Abuse Prevention, CAPC is leading a broad Bay Area effort to raise awareness of the **Five Protective Factors** which are the foundation of the **Strengthening Families Approach**. When adopted, these factors help support and stabilize vulnerable families and reduce the risk of child abuse and neglect. Your continued support has helped expand our **Speak Up Be Safe** child safety program into Richmond and Concord schools. Our **Nurturing Parenting Program** is reaching more and more at risk families with positive parenting education, and CAPC is now working with parents who have children with special needs.

Over **14,000 Surviving Parenthood Resource Directories** were distributed to Contra Costa residents. CAPC's services and resources are provided in English and Spanish and almost all are provided at no cost to the communities we serve. Our **Sue Fleishner Special Needs Fund** serves families who are isolated and in need of critical resources (such as diapers, strollers and safe sleep environments) to lessen the stress on families and keep kids safe. This year, we also supported **Assemblywoman Baker's bill AB 993** to support children who are the victims of severe sexual crimes.

Child abuse is 100% preventable, and we are doing important work to make this ideal a reality. Please donate today.

Your gift will directly benefit a child in need. A gift of any amount will make a measurable difference in the life of an at-risk child.

For example, every \$2,000 raised supports an at-risk family in our parent education program for 6 months of life changing positive parent education. It made a difference in the life of Manuel who is a single dad of a 4 year old boy. *(See Manuel's story in this report and on CAPC's website.)* The investment you make today will help create a lifetime of safe homes, schools and neighborhoods for our children. With your gift, we can continue our work ensuring Contra Costa's children are safe and families are strong. The holidays are such an important time for families to come together and celebrate. We ask for your help in supporting our work to heal families and improve the lives of children in Contra Costa.

Please share our work with friends and family, and please remember you can make a year-end tax-deductible donation to the Child Abuse Prevention Council at www.capc-coco.org.

Wishing you a peaceful holiday season,

Carol Carrillo



Carol Carrillo, MSW
Executive Director

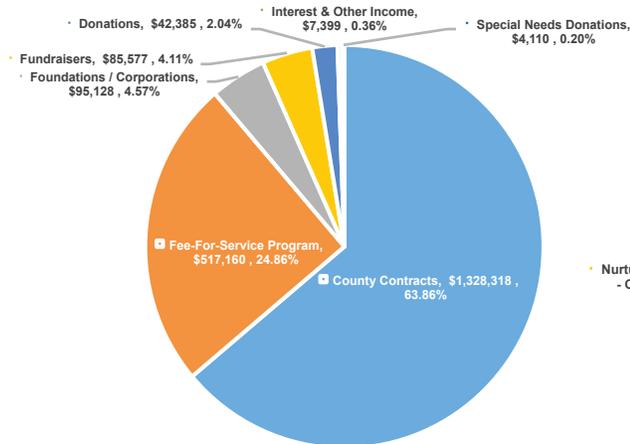


2016-2017 Annual Highlights

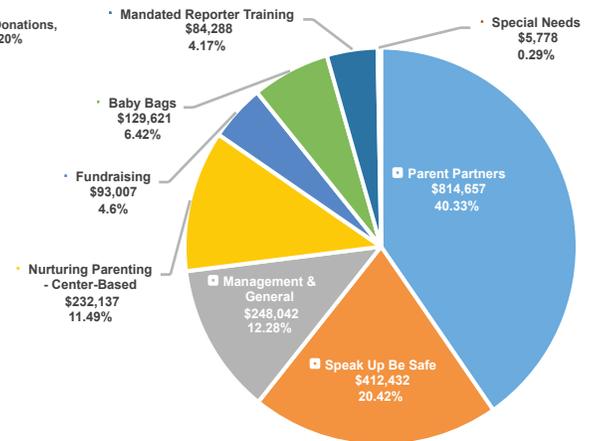
FY Snapshot & Summary

- Trained 3,785 individuals in 80 Mandated Reporter Trainings
- Held 15 community events that reached over 2,685 people
- Distributed over 14,000 parenting information brochures & directories in English & Spanish & 8,520 baby bags
- Provided over 18,500 students with Speak Up Be Safe lessons
- Mentored 174 parents in navigating the child welfare system & child reunification process
- Served 179 parents & 78 children through Nurturing Parenting Programs
- Distributed over \$6,000 in supplies & financial support to 59 at-risk families through the Sue Fleishner Fund

Funding Sources \$2,080,077



Program Expenses \$2,019,963



Manuel's Story



Manuel and Son

A father doesn't give up

“Manuel's is one of the many success stories that impacted Nurturing Parenting Program (NPP) staff. He is a single dad of a 4 year old boy. His son was removed from his care due to domestic violence, but Manuel did not give up.

In July 2017, he started attending NPP classes and at the end of the first session, Manuel and NPP supervisor, Maggie Velasco, discussed his experience with the program. He said he learned new skills and to see life in a different way and explored the possibility of enrolling in the program for a second time. Maggie reviewed his progress, validated his efforts, and helped him focus on his identified goals. Manuel reenrolled and never missed a class...”

~Maggie Valesco

Read the full story:

capc-coco.org/success-stories/a-father-doesnt-give-up/



2016-2017 Child Abuse Overview

We need your help!

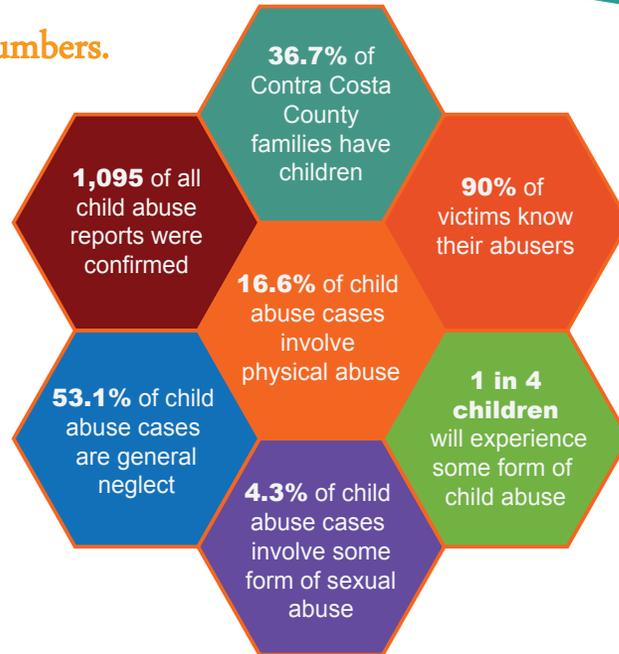
Together we can change the numbers.

At the Child Abuse Prevention Council, we believe child abuse is preventable. We work everyday to support and educate kids, parents, and all those who work with children to make sure every child in Contra Costa County is safe.

In Contra Costa County, the cost of child abuse per victim over the course of his/her lifetime is:

\$307,345

The link to The Cost of Child Abuse Report is:
<https://www.capc-coco.org/wp-content/uploads/2017/04/EconomicsOfAbuseContraCosta.pdf>



List of Donors

Corporate / Nonprofit / Gov't

AmazonSmile Foundation
 AT&T United Way Employee Giving
 Bank of America
 Bank of America Employee Giving Campaign
 Benevity Community Impact Fund
 Boscacci Family Foundation
 California Department of Public Health
 Chevron Corporation
 Childrens' Support League of the East Bay
 Contra Costa County Employment and Human Services
 Contra Costa County Family & Children's Trust
 Contra Costa County Mental Health Services
 Contra Costa County Workplace Giving
 Contra Costa Crisis Center
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 Keller Canyon Mitigation Fund
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 Office of Child Abuse Prevention / Child Abuse Prevention Center
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You Can Help

CAPC Programs:

- Baby Bag Program
- Community Education & Mandated Reporter Training
- Nurturing Parenting & Special Needs Programs
- Speak Up Be Safe Program
- Surviving Parenthood Resource Directory
- Parent Partners & Youth Programs
- Sue Fleishner Special Needs Fund

Keeping Kids Safe.

RECOGNIZE CHILD ABUSE:

- **PHYSICAL ABUSE:** Bodily injury inflicted non-accidentally on a child; willful cruelty, unjustifiable punishment, or corporal punishment causing a mark.
- **PHYSICAL NEGLECT:** Not providing child adequate food, clothing, shelter, supervision or severely endangering child's health.
- **SEXUAL ABUSE:** Victimization of a child through sexual activities, including molestation, indecent exposure, fondling, rape, pornography, sexual stimulation and incest.
- **EMOTIONAL ABUSE:** Willfully causing child to suffer by attacking self-esteem, constant criticism, yelling, belittling, insulting, rejecting or withholding love and support.
- **EXPLOITATION:** Forcing or coercing child into activities beyond child's capabilities or that are illegal or degrading; including sexual exploitation.

BREAK THE CYCLE:

- **Reach Out** if **YOU** need support. Call a friend, hotline, or a prevention organization such as CAPC at (925) 798-0546.
- **Reach Out** if **OTHERS** need support. Listen, offer to help with chores or childcare, or connect them with a local resource.
- **Reach Out** to the **COMMUNITY**. Volunteer time at an organization. Donate. Learn about preventing child abuse & neglect. Wear the Blue Ribbon.
- **Reach Out & REPORT**. Call 911 for immediate danger or call Contra Costa County Children & Family Services if you suspect child abuse at (877) 881-1116.

WAYS TO DONATE:

- **KidsSafe Supporter:** Shop online at KidCents.Riteaid.com or smile.Amazon.com
- **KidsSafe Promoter:** Give In-kind donations & sponsor events at capc-coco.org/events
- **KidsSafe Champion:** Make monetary donations online at capc-coco.org/donate





You Can Prevent Child Abuse

#GiveToSpecialNeedsKids on #GivingTuesday Nov. 28th

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CONCORD, CA

PERMIT NO. 366

*Please donate on Nov 28
or make your tax-deductible
donation anytime of year!
Thank You!*



Child Abuse Prevention Council
of Contra Costa County
2120 Diamond Blvd., Ste.120
Concord, CA 94520

For more information, please
call (925) 798-0546 or
visit our website
www.capc-coco.org

